

# VANILLA ICE (REAM







Vanilla pods

Vanilla pearl

Vanilla extract

### INGREDIENTS

#### For 4 people.

- 610 grams of whole milk
- +/- 2 gr of vanilla pearl
- 80 grams of egg yolks
- 130 grams of sugar
- 50 grams of powdered milk
- 35 grams of glucose



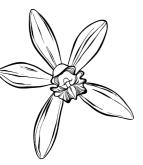
- Vacherins
- Profiteroles
- Meringues





## STEPS TO FOLLOW

- 1. Bring the milk and vanilla pearl to a boil.
- 2. Blanch the egg yolks with the sugar.
- 3. Bake like a custard (see recipe p.1)
- 4. Add the glucose and milk.
- 5. Strain and cool.
- 6. Churn the ice cream.



# **EQUIVALENCY** INDEX

APPLICATIONS	PRODUCTS	RECOMMENDED DOSAGES PER LITRE OR PER KILO
	Vanilla pods	Dosage to adapt according to the size and variety of pods used.
	Bourbon Vanilla pearl	2 to 5 grams
	Cœur de Vanille	3 to 5 grams
	Vanilla extract 400	3 to 6 grams
	Vanilla extract 200	6 to 12 grams
	Bourbon Vanilla paste	+/- 20 grams
	Vanilla powder	+/- <b>4</b> grams















DAIRY DESSERTS