

VANILLA Mousseline (ream





Vanilla pods

Coeur de vanille

INGREDIENTS

Preparation: 5 -10 min. Baking 5 -10 min.

- 1 litre of whole milk
- 8 egg yolks
- 45 grams of corn starch
- 45 grams of flour
- 25 grams of butter
- 120 grams of caster sugar
- +/- 2 grams of Eurovanille Coeur de vanille



IDEAL FOR

- Shortcake
- Paris-Brest
- Tarte Tropézienne



STEPS TO FOLLOW

- 1. In a saucepan, bring the milk to a boil. Remove from the stove.
- 2. Infuse the coeur de vanille in the boiling milk.
- 3. In a bowl, whisk the yolks with the sugar until the mixture whitens. Then stir in the corn starch and flour.
- 4. Pour a little boiling milk into the bowl while stirring, then pour everything back into the saucepan. Cook it for another 2 minutes, stirring vigorously.
- 5. Remove from the heat and stir in the butter cut into pieces.
- 6. When the cream is lukewarm, mix with a mixer to triple the volume.



EQUIVALENCY INDEX

APPLICATIONS	PRODUCTS	RECOMMENDED DOSAGES PER LITRE OR PER KILO
	Vanilla pods	Dosage to adapt according to the size and variety of pods used.
	Bourbon Vanilla pearl	2 to 5 grams
	Cœur de Vanille	3 to 5 grams
	Vanilla extract 400	3 to 6 grams
	Vanilla extract 200	6 to 12 grams
	Bourbon Vanilla paste	+/- 20 grams
	Vanilla powder	+/- 4 grams















DAIRY DESSERTS